

How Digital Health Saved My Life

EDWARD MARX



Beginnings - Dreams



TeamUSA



SEPTEMBER 6, 2015
ITU LONG COURSE DUATHLON
WORLD CHAMPIONSHIPS
ZOFINGEN, SWITZERLAND



Backstory – New York



Duathlon National Championships (2018)





USA TRIATHLON
DUATHLON
2018 National Championships
Greenville • South Carolina • April 7-8

OFFICIAL TIME

01:09:03

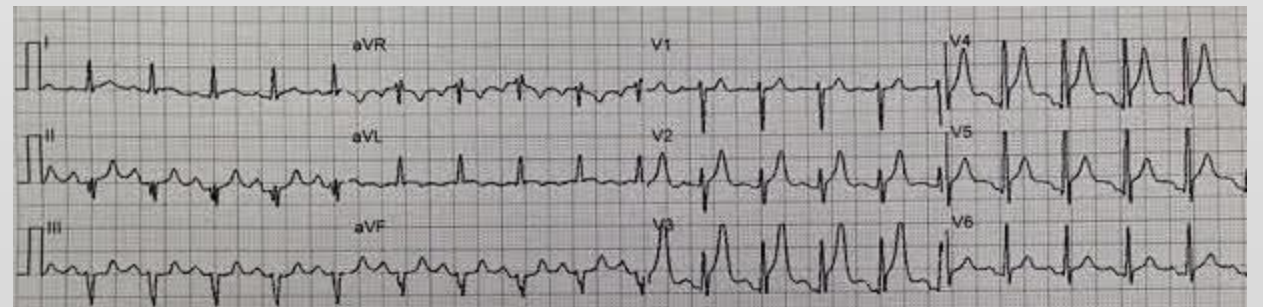
FINISH



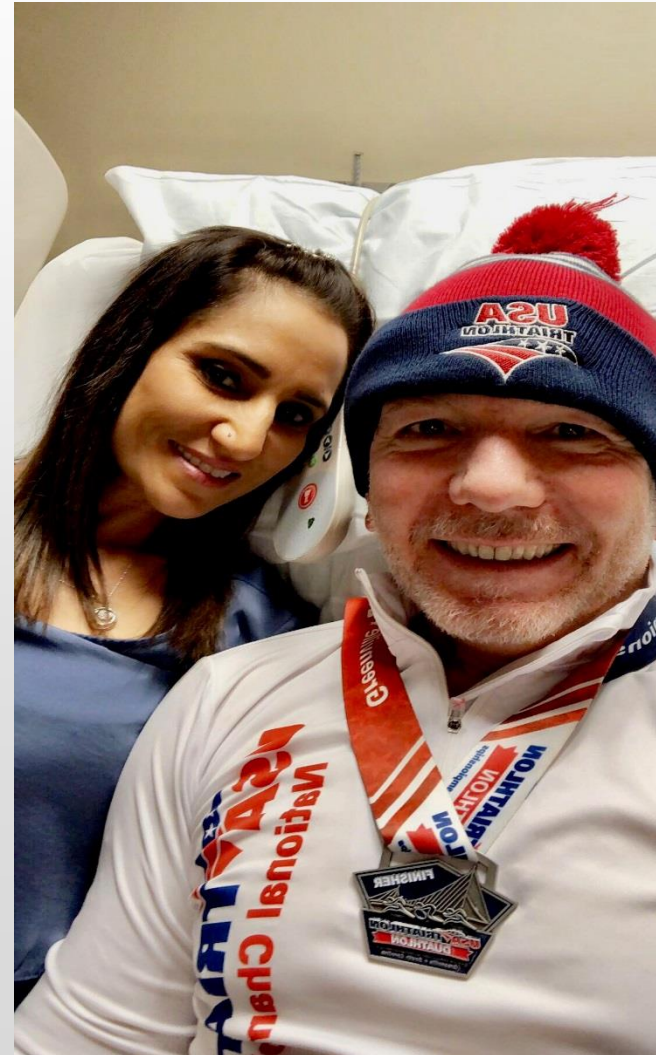
PERSPECTIVE



STEMI



RECOVERY



PROGNOSIS

MEDICINE



EQUIPMENT





TAKEAWAYS

- **Medicine**
- **Technology**
- **Training**
- **Psychology**





Cancer?





REFLECTION

“The very thing I dedicate my career to saves me.

Therefore I am fiercely compelled to complete the race.

The race for digital adoption so more lives can be saved”.