

# From Widow Maker to World Duathlon Championships in 90 Days

EDWARD MARX

CLEVELAND CLINIC



# Beginnings - Dreams



# TeamUSA



SEPTEMBER 6, 2015  
ITU LONG COURSE DUATHLON  
WORLD CHAMPIONSHIPS  
ZOFINGEN, SWITZERLAND



# Backstory – New York



# Duathlon National Championships (2018)





**USA TRIATHLON**  
**DUATHLON**  
2018 National Championships  
Greenville • South Carolina • April 7-8

OFFICIAL TIME

01:09:03

# FINISH

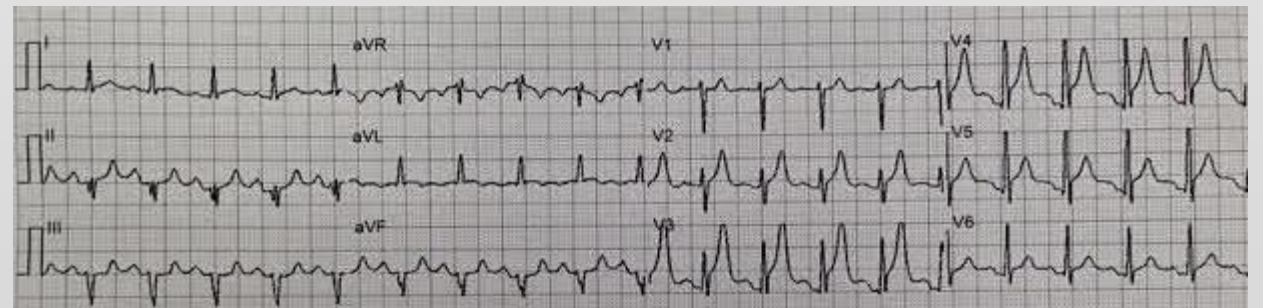


# PERSPECTIVE

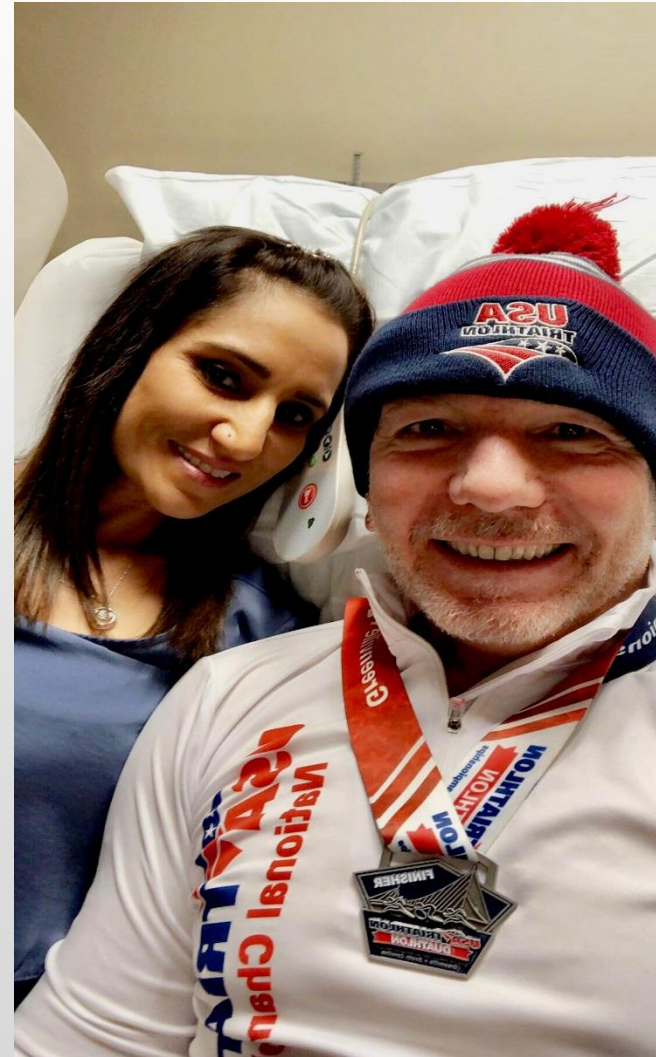




# STEMI



# RECOVERY



# PROGNOSIS

# MEDICINE



# EQUIPMENT





# TAKEAWAYS

- **Medicine**
- **Technology**
- **Training**
- **Psychology**









## REFLECTION

*“The very thing I dedicate my career to saves me.*

*Therefore I am fiercely compelled to complete the race.*

*The race for digital adoption so more lives can be saved”*

# Digital Health Portfolio





# Patients

Our online programs make it simple to have a virtual visit with a provider **any time, any where.**

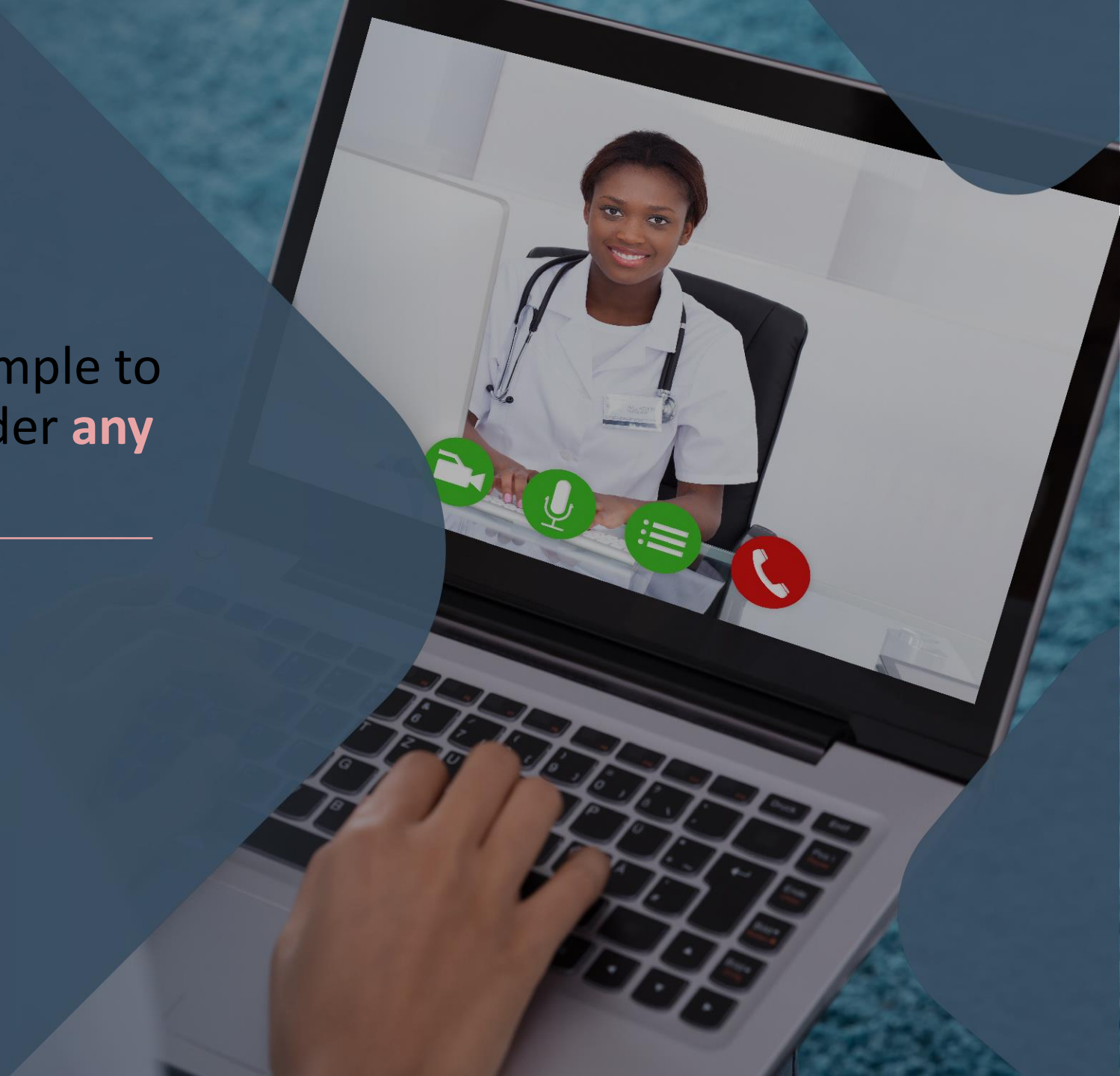
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eVisits

Express Care Online

MyConsult Second Opinion

2<sup>nd</sup> MD





# Patients

Digital scheduling ensures you can easily **find the right care, close to home, without delays.**

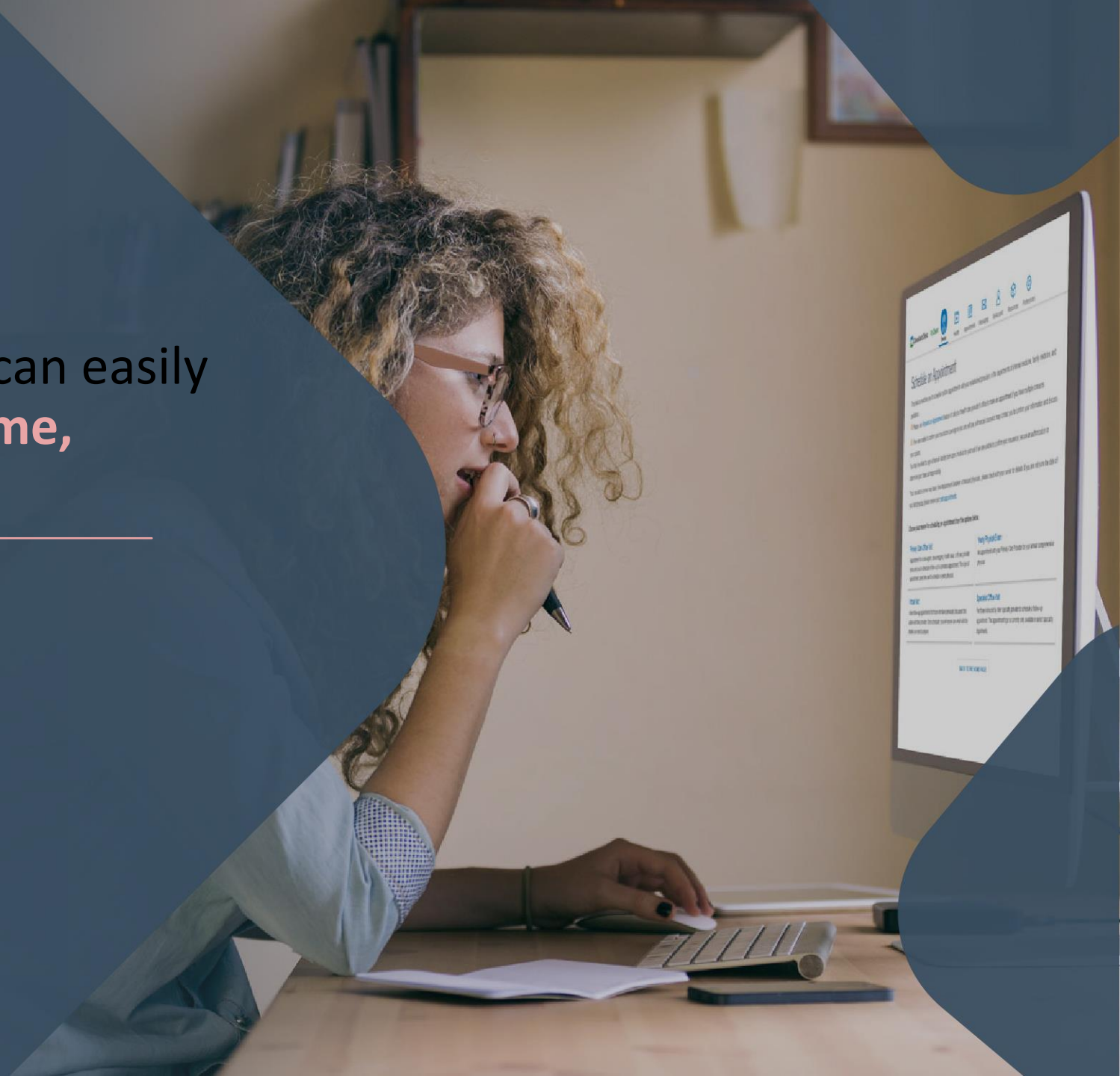
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MyChart Self Scheduling

Wait Time Estimator

Fast Pass

Oscar Integration





# Patients

Wearable and portable devices help people manage their health and **easily integrate care into their lifestyle.**

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Remote Monitoring

Kardia

Wound Management





# Caregivers

In-facility virtual visits enable physicians to spend **more time with patients and less time moving between locations.**

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Inpatient Virtual Rounding

Facility Virtual Visits

Telestroke







# Caregivers

Mobile applications ensure that Epic **data is never more than a few taps away**, any where in the clinic.

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Haiku

Canto

Iris





# Caregivers

Provider to provider links make it **simple to coordinate care and opinions** across our vast network of experts.

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eConsults

Dermatology Triage





# Caregivers

Image exchange enables us to **collect images from patients and other providers** to improve quality of care.

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Image Exchange

Image Upload Portal





# Organization

Centralized monitoring for ICU, telemetry, and inpatients **optimizes response to changing patient and caregiver needs.**

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CMU | Remote Telemetry Monitoring

eHospital

Vital Scout

14-Forty





# Community

Investigating and analyzing population health data helps us **create better wellness and preventive care programs.**

Healthy Planet

SlicerDicer

Virtual/Augmented Reality

